

2 Day BTEC Level 2 Intermediate Award in Physical Restraint (Care & Control) for staff working with children and young people.

The BTEC Level 2 Intermediate Award in Physical Restraint Practice (Care & Control) has been specifically written for Care Staff and Education Staff to achieve a Nationally Recognized Level 2 vocationally specific qualification in the knowledge, understanding and skills candidates need to undertake appropriate and effective physical restraint to an intermediate standard.

Who is the course for?

Child Care Staff, Education Staff, and all staff working with children and other vulnerable groups.

Entry requirements

Candidates who undertake this training must have the physical capability to undertake physical skills training and will be required to fill in a confidential medical questionnaire in order to bespoke techniques. Candidates must also have the ability to undertake classroom training and sit written exams.

Course structure

To successfully achieve the award delegates will be required to:

- Understand the requirements of the various pieces of legislation with regard to the Physical Restraint of Children and Young People including: The Children Act 1989 and associated Government guidance documents, The United Nations Convention on the Rights of the Child, The Education Act 1997, The Violent Crime Reduction Act 2006, The Education and Inspections Act 2006.
- Understand Reasonable Force in relation to physical restraint by reference to Common & Criminal Law.
- Examine the requirements of Health and Safety statute and associated Regulations and show how they apply to physical restraint.
- Evaluate the risk of positional asphyxia and other risks associated with physical restraint and explore how to minimise those risks.
- Differentiate between holding, escorting and restraining and non-harmful seated restraint techniques and how to apply them.
- Demonstrate and explain how to gradually de-escalate and relax restraint to allow the subject being restrained to regain self-control.
- Explore when it may be possibly necessary to use a more restrictive techniques consistent

with the principles of Reasonable Force, Health and Safety statute and the Human Rights Act.

Assessment method

Continual assessment over 2 days and a written examination paper on the last day. **Course duration**

2 Days.

How much does the course cost?

£350 per person