

3 Day BTEC Level 2 Intermediate Award in Physical Restraint

The BTEC Level 2 Intermediate Award in Physical Restraint Practice is a vocational award which allows staff the opportunity to achieve a Nationally Recognised Level 2 qualification. It provides the knowledge and skills candidates require to be able to apply effective physical restraint to an intermediate standard.

Who is the course for?

Door Supervisors, Security Operatives, Courtroom Security Staff, Care Staff, Education & Teaching Staff, Retail Staff, anyone who is expected to physically intervene.

Entry requirements

Candidates who undertake this training must have the physical capability to undertake physical skills training and will be required to fill in a confidential medical questionnaire in order to bespoke techniques. Candidates must also have the ability to undertake classroom training and sit written exams.

Course structure

To successfully achieve the award delegates will be required to:

- Understand Reasonable Force in relation to physical restraint
- Explore the requirements of The Human Rights Act 1998 and how they apply to physical restraint
- Examine the requirements of Health and Safety statute and associated Regulations and show how they apply to physical restraint
- Evaluate the risks associated with physical restraint and explore how to minimise those risks
- Identify and describe the relevant Acts of Parliament and other government regulations in relation to the physical restraint of vulnerable individuals and groups.
- Differentiate between holding, escorting and restraining and non-harmful seated restraint techniques and how to apply them
- Demonstrate and explain how to gradually de-escalate and relax restraint to allow the subject being restrained to regain self-control
- Explore the risks of associated with alcohol and drugs, knives and other forms of edged weapons in relation to the use of physical restraint
- Investigate the difference between non-harmful methods of control and more restrictive methods of control and when the use of such methods would be considered appropriate

Assessment method

Continual assessment over 3 days and a written examination paper on the last day.

Course duration

3 Days.

How much does the course cost?

£350 per person